

Benjamin Kangaroo Sweater

Be close to your little one



BabyBloom
Healthcare



Safe and comfortable kangaroo care with the Benjamin Kangaroo Sweater

In today's care for premature babies in neonatal departments, the role of the parents becomes increasingly important. As soon as the condition of the infant allows, it is vital that kangaroo care is given as long and as often as possible; skin-to-skin contact helps the baby to develop and grow. The kangaroo care method gives parents the opportunity to actively contribute to their baby's health. And of course most parents greatly enjoy holding their newborn! With the Benjamin Kangaroo Sweater from BabyBloom Healthcare they can be close to their child in not only a safe but also a comfortable way.

THE BENJAMIN KANGAROO SWEATER: CONTACT AND COMFORT

The positive effects of kangaroo care are well-known. But it can be demanding for parents to practice kangaroo care for long periods of time. The parent is not able to see the baby's face, may feel cold and often has to sit in an uncomfortable position. Tubes, lines and wires are in the way. Many mothers do not feel comfortable sitting partially undressed in the intensive care unit.

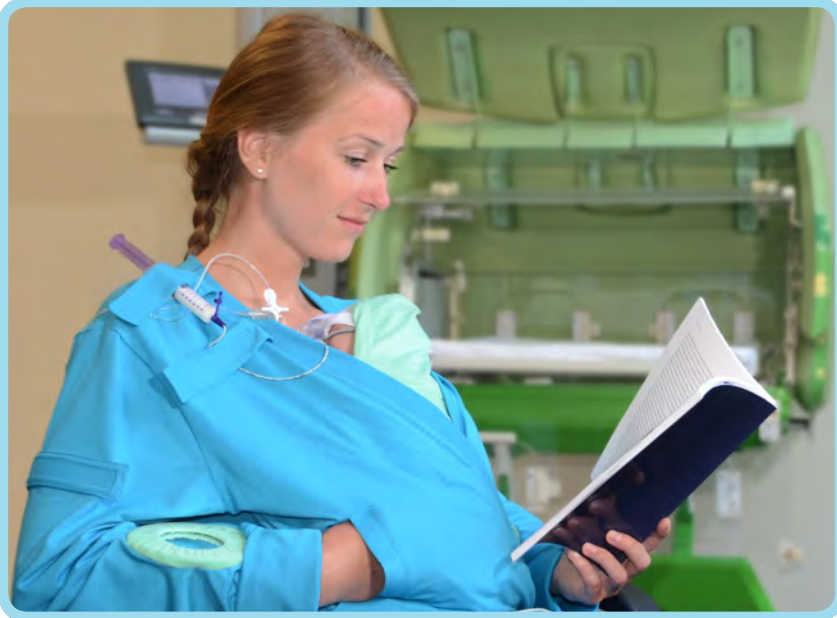
The Benjamin Kangaroo Sweater is specifically designed to make kangaroo care as comfortable and as safe as possible for both parent and baby. With this sweater parents can be close to their baby without the interference of tubes, lines and wires.



The Benjamin Kangaroo Sweater provides ample flexibility to change position, thereby making the kangaroo session a more comfortable experience. The sweater provides freedom of movement for the hands which, for example, allows to spend some time reading.



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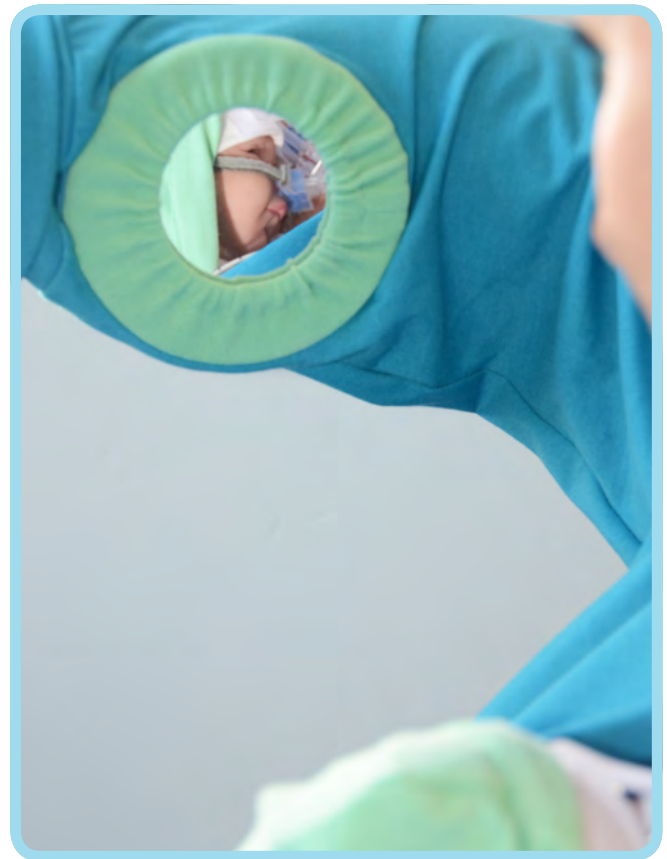
"Our son Benjamin is now a healthy boy even though he was born extremely premature. I feel that the continuous kangaroo care we gave played a vital role in this. I developed the Benjamin Kangaroo Sweater to help other parents have a more comfortable and joyful kangaroo care experience with their premature baby."

Anne-Marie Louwerse, mother of Benjamin who was born at 25 weeks, is a NICU nurse and designer of the Benjamin Kangaroo Sweater.

THE KANGAROO CARE METHOD

Research has shown that direct skin-to-skin contact between parents and their premature baby leads to several positive effects. It is proven that kangaroo care improves bonding between parent and baby^{1,2}, stimulates breast milk production³ and has a positive influence on the development of the baby⁴. Kangaroo care also has a positive effect on the stability of breathing and on heart rate⁵, temperature regulation⁶, sleeping patterns and development of the immune system⁷. Did you know that kangaroo care is more effective than other interventions at reducing pain with premature infants?^{8,9}

¹ Blomqvist, Y.T., Rubertsson, C., Kylberg, E., Jöreskog, K. & Nyqvist, K.H. (2012). Kangaroo Mother Care helps fathers of preterm infants gain confidence in the paternal role. *Journal of Advanced Nursing*, 68 (9), 1988-1996. ² Ludington-Hoe, S. M., Morgan, K., & Abouelfettoh, A. (2008). A Clinical Guideline for Implementation of Kangaroo Care With premature Infants of 30 or More Weeks' Postmenstrual Age. *Advances in Neonatal Care*, 8(3), 3-23. ³ Heidarzadeh M, Hosseini MB, Ershadmanesh M, Gholamitabar Tabari M, Khazaei S. The Effect of Kangaroo Mother Care (KMC) on Breast Feeding at the Time of NICU Discharge. *Iran Red Crescent Med J*. 2013 Apr; 15(4): 302-306. ⁴ Schneider, C. Charpak, N., Ruiz-Peláez, J.G. & Tessier R.(2012). Cerebral motor function in very premature-at-birth adolescents: a brain stimulation exploration of kangaroo mother care effects. *Acta Paediatrica*. 101, (10), 1045-1053 ⁵ Hunt, F. (2008). The importance of kangaroo care on infant oxygen saturation levels and bonding. *Journal of Neonatal Nursing*, 14, 47-51. ⁶ Karlsson V1, Heinemann AB, Sjörs G, Nykvist KH, Agren J. *J Pediatric*. 2012 11. Early skin-to-skin care in extremely preterm infants: thermal balance and care environment.2012 Sep;161(3): 422-6. ⁷ Ludington-Hoe SM1, Johnson MW, Morgan K, Lewis T, Gutman J, Wilson PD, Scher MS. Neurophysiologic assessment of neonatal sleep organization: preliminary results of a randomized controlled trial of skin contact with preterm infants. ⁸ Cong, X., Cusson, R.M., Walsh, S., Hussain, N., Ludington-Hoe, S.M. & Zhang, D. (2012). Effects of skin-to-skin contact on autonomic pain responses in preterm infants. *The Journal of Pain*, 13 (7), 636-645 ⁹ Kostandy, R., Cong, X., Abouelfettoh, A., Bronson, C., Stankus, A. & Ludington, S.M. (2008). Effect of Kangaroo Care (skin contact) on crying response to pain in preterm neonates. *Pain Management Nursing*, 9 (2), 55-65.



Please visit our website for more information:

www.babybloomhealthcare.com

BENEFITS OF THE BENJAMIN KANGAROO SWEATER

The Benjamin Kangaroo Sweater allows parents to:

- Safely secure the baby to the body.
- Lay or sit in a relaxed manner so that kangaroo care can be given for longer periods.
- Have more privacy because the upper body is covered.
- Stay nice and warm with the baby. There is even a special pocket on the baby's back to insert a hot-pack in case extra warmth is needed.
- Safely affix medical wires and tubing.
- See the face of the baby with the special mirrors in the sleeves of the sweater.
- Easily touch the baby with the hands, by using the special pocket-holes in the sweater.
- Use their hands freely to read a book for example.

The Benjamin Kangaroo Sweater is one-size-fits-all and has extension pieces to adapt the sweater to the parent's body when necessary.

The Benjamin Kangaroo Sweater is made of an advanced technical fabric, which dries four times faster than cotton and remains odour free. Even after frequent washing at high temperatures, the fabric will still feel comfortable. The sweater will not shrink and the colors will stay intact.



Velcro Straps to Attach Tubes, etc.



Mirror to Look at Baby's Face



Pocket-Holes to Touch Baby's Back



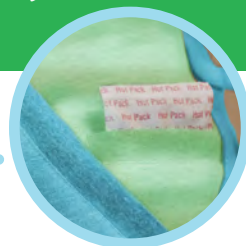
Monitor Plug Pocket



Extension pieces



Hooded Baby Pouch



Hotpack Pocket



Knot-Tie Fastening



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